



Introducing Parent Carer Forums & LPCF's Parent Mentoring Service



BREAKING DOWN BARRIERS

**19 SEPTEMBER 2018
BIRMINGHAM**

**KULWINDER BOLA
CHAIR- LUTON PARENT CARER FORUM & EAST OF ENGLAND PCF**



About LPCF...



WHO ARE WE, AND WHAT WE DO

WHY SET UP A MENTORING SERVICE?

THE IMPACT OF OUR WORK AND WHERE TO NEXT



Who are we, and what we do

Luton VCS

Luton Mentoring Support



For parents by parents of



Understanding genetics together



Department for Education



1 Forum in Luton
430 members

11 Forums in the East of England
3,500+ members

150 Forums in England across 9 regions – 82,000+ members



Forums work in Co-production



Education

Health

Social Care



Why set up a mentoring service?

As a Qualitative Researcher, I became aware that the need of mothers with children that had complex needs were not being met...

Case accounts – from two mothers

Mother A Bengali – Aged 25-30, born in the UK – first child [WS560090.WMA](#)

Mother B Polish – Aged 35-40 born outside the UK [WS560082.WMA](#)

All the mothers said the same thing – that it would have been good to have someone to talk to, someone who could understand their worries...





The impact of our work and where to next?



- Extreme prematurity
- Hydrocephalus
- VP shunt
- Chronic lung disease
- Retinopathy of prematurity
- Myopia and squint
- Reflux
- Sensory issues
- Cerebral palsy
- Autism
- Learning difficulties



Members of



National Network of Parent Carer Forums
'Our Strength is our Shared Experience'
www.nnpf.org.uk



ERPCF

Any Questions?



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